



# THANK YOU SIR

I am extremely happy to share my feedback and experiences of reiki courses level 1-3.

**My past** - I had achieved many things through my hard work and faith in universal power or God so miracles were already happening in my life. Then I got stucked into common health issues due to my negligence . I learnt Reiki level 1 and certainly reiki practice relaxed me. Again and again inspite of good readings and motivating myself , somehow surroundings was not too positive.

Then I learnt upto reiki master level and started healing family members. Everything was working fine but qll of a sudden , I was surrounded by negative thoughts and somehow I caught disease, immunity related issues. I was feeling weak and fever issues.

Family members started saying - " You are a healer and see your health"

Then I thought and searched again and again where I was wrong. Reiki energy is for healing , Am I suffering from so called healing crisis ? So many questions, between belief and disbelief .....

Then I repeated the course upto level 3 with Reiki Bless You Foundation .

**Experiences with Reiki Bless you foundation -**

I got many answers during 30 Days Reiki & Mind Power Online Course with Dr Puran Sharma.



**Gratitude Exercise** -One small thing but I feel happy for it .....

I used to write daily and be thankful for getting the public transport on time even sometimes late, for last 6 months because I had not even 5 things to write in list initially for first 5 days because we have a habit of taking everything for granted. Now after 6 months , I see that 90% of the time auto rikshaw is always available when I reach the auto stop. So I don't wait even for 2 minutes these days.

Now daily I have a list of 10-12 things to be grateful. So I am again back to my student life when I used to be always thankful and grateful to God and strong faith and I understood why so called miracles used to happen that time.

So many experiences with daily life and with attunement but few incidents like -I had met accident, got viral fever but every time with healing the need to take medicines decreased. I didn't use antibiotics nowadays. I feel that my immunity power has increased a lot.

Now I have also started distant healing confidently without fear of receiving negative energies from the recipient. My crystal healing practice is also under progress....

**Experiences, miracles come and go and it happens with Reiki practice or without knowing Reiki energy also but the important point is Reiki journey with you was a blissful experience. Every time I got full support, every question was answered and what else a student wants ...Now I have regained my positives energies and I can say now that I am a happy grateful person. I am grateful to you Sir .....No words can express my thanks towards your support.**

**I recommend others also to join Reiki Bless You Foundation for strong base in Reiki healing practice.**

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